

Section	Distance	Description	Total climb
1. Sälen Start–Smågan	11.2 km	New Route 2023: After the start, the track follows a beautiful forest road along the Västerdalälven river, crosses the highway, and continues on a forest road with gravel sections, approximately 3 kilometres up to the highest point of Vasaloppet. From there, it follows a winding and occasionally rocky trail along the Vasaloppet trail for a few kilometres. The last 2 kilometres towards the checkpoint in Smågan are on a gravel road.	
2. Smågan–Mångsbodarna	14.3 km	Winding hilly trails with some footbridges over the marsh mires for 10 kilometres. Total of 4.5 kilometres gravel tracks at the beginning and end.	51 m
3. Mångsbodarna–Risberg	10.8 km	Light downhill section in rocky terrain on a winding and partially rocky trail for 4.5 kilometres to Tennäng. After that, heavy running on bark and gravel up a long, but not steep, slope to Risberg's summer farm, with the final kilometre on a nice downhill path along the summer pastures. (Vasaloppet course and Vasaloppsleden)	
4. Risberg–Evertsberg	12.4 km	Hilly forest terrain and 2 kilometres gravel and 3 kilometres asphalt. Passes by Evertsberg's lakes' beach. (Vasaloppet course and Vasaloppsleden)	

5. Evertsberg– Oxberg	15 km	First section easy downhill to Vasslan, then some tough climbs including Lundbäck hill up to Oxberg. Fine summer farm milieu passing Björnarvet. Varied surfaces of asphalt, gravel, bark, forest track and a little marsh mire. (Vasaloppet course and Vasaloppsleden)	115 m
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6. Oxberg– Gopshus	4.5 km	Gentle rolling terrain on the Vasaloppet course, but a bit up to Gopshus ski slope.	33 m
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7. Gopshus– Hökberg	4.7 km	Easy forest road at the beginning and slightly uphill in the second half.	43 m
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8. Hökberg–Låde	4.7 km	Forest track with some gravel. Down for 1 kilometre at beginning, and then gently rolling terrain passing the summer farm Låde.	
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9. Låde–Eldris	5.5 km	Gently rolling terrain passing the summer farm Krångåsen.	
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10. Eldris–Mora Finish	8.9 km	Easy running on forest road and tracks, slight ups and downs, then past the ski stadium, Prästholmen, through the camping, over Auklandbron to the final straight to finish under the world famous portal!	
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